

# Notes from Underground

December 2018



# THE CROWN BARONY OF THE BRIDGE

## Baronial Officers List

**Baron Bridge:** Baron Ulric von der Insel, David Cormier -baron@baronyofthebridge.eastkingdom.org

**Baroness Bridge:** Baroness Clothilde von der Insel, Diane Cormier, baroness@baronyofthebridge.eastkingdom.org

**Seneschal:** Lady Amia Turner, Amy Waggener, seneschal@baronyofthebridge.eastkingdom.org

**Deputy Seneschal:** Baroness Caelia Blackwolf, Tracie Shepard, deputyseneschal@baronyofthebridge.eastkingdom.org

**Chancellor of the Exchequer:** Baron Ralph the Carter, Pete Rose, exchequer@baronyofthebridge.eastkingdom.org

**Herald:** Lady Aine Ulfr, Michelle Hatzberger, herald@baronyofthebridge.eastkingdom.org

**Chatelaine:** Lady Lucinda de la Tambour— Cindy Rollins chatelaine@baronyofthebridge.eastkingdom.org

**Minister of Arts and Science:** Lady Cristina Volpina—Christine Lee moas@baronyofthebridge.eastkingdom.org

**Magister:** Lady Arabella Alexander— Kelby Sisson magister@baronyofthebridge.eastkingdom.org

**Archivist/Historian:** Baroness Auriana filia Germani— Canada Squizzero archivist@baronyofthebridge.eastkingdom.org

**Knight Marshall:** Lord Dorne of Clan Sutherland— Brent Sunderland knightmarshall@baronyofthebridge.eastkingdom.org

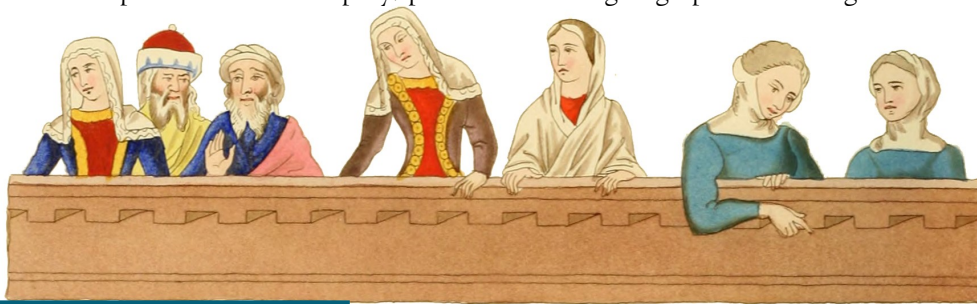
**Keeper of the Custumal:** Baron Steffan ap Cynnedd— Steven Mesnick custumal@baronyofthebridge.eastkingdom.org

**Chronicler:** Lady Aine Ulfr, Michelle Hatzberger, chronicler@baronyofthebridge.eastkingdom.org

**Minister of the List:** Vacant - mol@baronyofthebridge.eastkingdom.org

**Webmaster:** - Vacant webmaster@baronyofthebridge.eastkingdom.org

Please e-mail the Seneschal with any questions, for any vacant office, while we get this position filled.  
Also each position needs a deputy, please think of signing up and learning a new skill!



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Stay up to date with the latest news in  
Barony of Bridge at:

<https://www.facebook.com/groups/8337891703/>





# THE CROWN BARONY OF THE BRIDGE

The Finest of Greetings upon This, the Yuletide Season,  
to All and Family from Ulric and Clothilde!

Bridge Birthday was a fabulous fest! Our heartfelt thanks to all who came together to put this together! Congratulations, also, to the newest Freemen of the Bridge, Ulf Dragonslayer, Klaus, Agnes de Calais, Kevin, and Alison Winter! We are so much better for you in our lives! Congratulations to our newest Companions of the Lotus and Alcontara, Suhayma and Periac! Well-deserved, indeed! And in place of honour, we welcome the recognition of Vargus and Aine as Pillars of the Bridge! Vivant, all!



Photo by Samantha Raven BRB 2018

This was a grand event, destined to be remembered through the ages. These awards were merely recognition of the excellence that dwells among us, and we are both incredibly proud!

Ulric and Clothilde

## Kingdom Event Calendar

### January 2019

Saturday 5th	12th night celebration	Barony of Smoking Rocks - Fairhaven, MA
Saturday 5th	East Kingdom 12th Night	Barony of L'ile du Dragon Dormant - Ile Perrot, QC  
Saturday 12th	Deck the Halls of Valhalla	Canton of Brokenbridge - Brooklyn, NY
Saturday 12th	Feast of St Sylvester & A&S Baronial Championship	Canton of Basingestoches - Northeast Harbor, ME
Saturday 19th	Owlsherst Country 12th Night	Shire of Owlsherst - York, PA
Saturday 19th	Saturnalia at Vindolanda: Ruantallan 12th Night	Barony of Ruantallan - Middle Sackville, NS
Friday 25th - Sunday 27th	Market Day at Birka	Barony of Stonemarche - Manchester, NH  
Saturday 26th	At the Sign of the Cat and Dragon	Barony of Bhakail - Philadelphia, PA

# THE CROWN BARONY OF THE BRIDGE

Baronial meeting Dec 2018

## Officer reports

Chronicler – NTR (nothing to report)

Exchequer – We have money

Herald – Baronial court report sent, and I am working on a new database with all active members and their awards that will be accessible to all.

Chatelaine – NTR

A&S – In November, scribal night was held at Amia's house on the first Wednesday of the month. General A&S night was moved back one week due to the Thanksgiving holiday and held on the 5th Thursday rather than the 4th. In December, general A&S night will not be held due to the busyness of the winter holidays.

After the new year, Cristina's semester teaching on the weird schedule will be over. When teaching resumes, she will be back on Tuesday-Thursday schedule and so A&S nights will resume taking place on the traditional 4th Monday evening. There may or may not be a formal gathering in January, due to the 4th week being right before A Market Day at Birka, for which Cristina, Clothilde, and Elspeth will all be prepping their wares.

Sometime in the late winter/early spring, after Birka, Cristina will hold an Indigo Day at her house, where people can dye up to 6 yards of fabric in the 55 gallon vat, or smaller pieces as they choose.

Archives - email (email issue-working to fix it)

Thrown weapons – email (email issue-working to fix it)

Knight Marshal – mom says hi, nothing new to report

Fencing – NTR

Webminister – finally has the things needed to do the job. Will be meeting with Amia to get membership email set up.

Custumal – Amia talked to Stephen about getting the document moved so others can access it.

Magister - NTR

Baronial – email (received)

Seneschal – Thank you everyone who showed up.





# THE CROWN BARONY OF THE BRIDGE

Officer reports continue;

## Autocrats

**Bridge Birthday** - Dec 2, 2018 – Emma – NK Masonic lodge, Event wrap up and Bids for the next BB will be accepted until May 13, 2019, at that meeting we will vote on any bids submitted.

**Feast of the End of Gaunt Days** – Feb 10 2018 – Aine and Vargus -at Wishford Hall 11am till 8pm , on Kingdom Calendar

**Black Rose Ball with Investiture** – March 23, 2019. – Fionian, at Hoffman, Kingdom up dated, Vargus Ulfr & Fergus Redmead will be adding a 2-3 remove feast to be limited to 100 people served at 2 or 3 pm. Then a night board headed by Yakkov.

**Boy Scout Demo** - May 4, 2019 – Dorne - Pit masters , Champlin site, Cranston. Fighting, crafts, do all the things. Archery , thrown weapons.

**New Comers** – Amia to submit a bid

**Day at the Tavern 2019-** TBD

## Old Bus

Next Craft night will be April 29, we are booked with the West Warwick library



## Candied Orange (or Other Citrus) Peels

(based on a synthesis of 16th century English recipes available through [medievalcookery.com](http://medievalcookery.com))

### Ingredients:

Orange peels (or lemon peels, lime peels, sour orange/bitter orange peels...)

Water

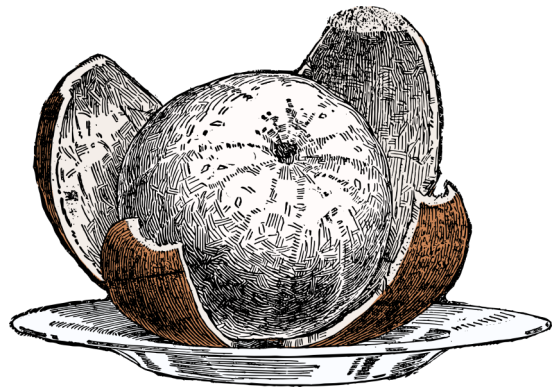
Sugar (lots)

Rosewater (optional but recommended)

### Utensils:

Deep baking dish/pan

Cooling Rack



Put about half an inch of sugar into a deep baking sheet or a baking pan, and have more on hand.

Have a cooling rack for baked goods, preferably over another baking sheet, ready as well.

Take a large quantity of orange peels, either fresh or dried (clean off white pith).

Place them in a pot with enough water to cover, and boil for an hour, stirring frequently so nothing scorches.

Strain the peels out of the liquid, and discard it. That'll help take out any bitterness... or the wax modern grocers sometimes rub into the outside of the peels.

Cover them with water again, and boil for another hour. Strain the peels out, but reserve the liquid this time. Measure it out, then add an equal amount of sugar to it, along with several capfuls or small spoonful's of the rosewater. Simmer until all the sugar is dissolved, then add the orange peels back in.

Boil the peels in the syrup until "they are as [transparent as] a pane of stained glass when held up to the light," which could take anywhere from 30 minutes to two hours, depending on how thick your peels are. Make sure to stir constantly, and keep the heat just high enough to keep the boil going. Add more water or rosewater as necessary to keep the peels in liquid.

When the peels start going transparent as described, begin taking them out of the syrup a few at a time with the slotted spoon. Let as much syrup drip off as possible before putting into the sugar-line pan. Roll them in the sugar to coat, then put them onto the rack to dry out. If your oven has a "warm" setting, place the rack where the candied peels are drying in there to speed up drying.

You can save leftover syrup in the fridge and/or sugar that got syrup in it that has dried out completely in a jar in a cupboard (or in the fridge in a hot, humid climate). Use it for your next batch of peels to build up more intense citrusy flavor.

When completely dry, and cooled, place them in an airtight container in a cool, dark place. Historically they'd go into the back of the pantry or maybe the cellar, but the fridge is probably safest.

*Edited for space*

# THE CROWN BARONY OF THE BRIDGE

## Life in a Medieval Castle by Joseph & Frances Gies

### A Book Review by Baron Ulric von der Insel

This is a particularly readable offering from the authors of *Life in a Medieval Village* and *Life in a Medieval City*. Much of this book may seem like a review to the scholarly Scadian, but the contents are a must-read for the fresh dilettante. Despite its title the book covers many aspects of medieval life in general – not just the martial, as shown by its chapters:

Prologue: Chepstow Castle

I. The Castle Comes to England

II. The Lord of the Castle

III. The Castle as a House

IV. The Lady

V. The Household

VI. A Day in the Castle

VII. Hunting as a Way of Life

VIII. The Villagers

IX. The Making of a Knight

X. The Castle at War

XI. The Castle Year

XII. The Decline of the Castle

Glossary of Castle Terms

Glossary of Feudal Terms

Great Medieval Castles: A Geographical Guide



Though the authors are distinctly Anglo-centric (as shown in the prologue and first chapter) they are not *entirely* exclusive. Most anecdotes are of England or France, but the (all-too-brief geographical) guide at the end includes descriptions of castles of Ireland, Spain, Italy, Germany, Austria and Switzerland as well.

In a book of this scope the authors sometimes must make broad-brush generalizations which might make the seasoned historian cringe just a bit, but a reader would get very tired of every sentence beginning with “*in many cases...*” The authors are kind enough to follow their statements with very human examples of how such dealings played out: “Hay often served as toilet paper; Jocelin of Brakelond tells how Abbot Samson...dreamed he heard a voice telling him to rise, and woke to find a candle carelessly left by another monk in the privy about to fall into the hay (73.)”

Some chapters, particularly IV, VII, VIII and IX, aren't specific to castle living and may well be the same in the authors' two other books. Still, they offer good 'backdrop' for the new medievalist. If you seek a more disciplined, in-depth survey of martial life, though, one could do better than this book for knightly life in the profession of medieval arms or siege engineering. This book is best read casually by one who wishes to get to know medieval Europe better.



# THE CROWN BARONY OF THE BRIDGE

## Practices and Workshops in the area

Our neighboring Barony Smoking Rocks has the following practices.

### Heavy List Practices:

#### Fighting & Fencing Practice

At PAL Hall, 31 Franklin street, Fall River, Ma 02720

Friday evenings 7:30pm-10:30pm

Sundays . 1:30pm-4:30pm

\$5 per fighter but if attendance goes up the price will drop. New guys and first time visitors are always free. It's in the Large gym upstairs. See PAL facebook page for changes  
<https://www.facebook.com/groups/PALSCAPRACTICE/>



#### Archery Practice

At Trader Jan's at 288 Plymouth Avenue, Fall River, MA

Wednesdays 5:30-7:30 PM and Fridays 6 – 8 PM

Lane fee is \$8. Loaner gear is available for people wanting to try it out.  
Please check the barony facebook page for last minute changes or cancellations.

Organizer: [diegoporcelos.sca@gmail.com](mailto:diegoporcelos.sca@gmail.com)

#### Arts and Science Workshops

##### Dance Practices:

Dance Practices: Sunday Afternoons 4pm until 6pm Goff Hall, 123 Bay State Road, Rehoboth, MA Contact: Lord Maurin 401.398.0104 or join the yahoo group for more info <http://groups.yahoo.com/stonebridgegambol/>



All other meetings will be announced on our Facebook page as they are scheduled.



## Bridge next Event listing

### Feast of End of Gaunt Days

**Sunday February 10th 11:30 am—8:00 pm**

In ancient times Nordic tribes would gather at the end of a long winter in their Great Hall to celebrate the end of lean days and the hope of a bountiful growing season. To help celebrate this occasion Barony of the Bridge will gather with wonderful friends, to have great food, tasty drink, much merriment and blessing for the upcoming year.

Some of the activities that will be taking place are:

#### FOOD AND DRINK ACTIVITIES

Brewing contest: Best in category (Mead, Wine, Cordial, & "Other") & Best Overall

Most Creative Presentation of a Dish: Let your imagination run wild/anything goes

Most Historically Accurate Dish: Cooking methods & recipe should be documentable

Reb Yaakov's challenge: Reb Yaakov's challenge is for those who like a real challenge in cooking. The dish you make must be either pickled, cured, or smoked. Can you meet the challenge? I sure hope you can. Remember, make something that you will eat.

Come As You Are Dish: Any dish-Best overall taste

#### ENTERTAINMENT ACTIVITIES

Best "No crap there I was story": Come with your best NCS and win a prize

Gluckhaus Grand Champion Tournament: Bring your "treasures" and see who will be Champion. THERE CAN BE ONLY ONE!!

#### GATHERING ACTIVITIES

DISTING Craft Swap: this is a time to start new projects, bring yours or share some crafting supplies with others. Bring any crafting supplies you feel others may have a use for and see who would like to swap. Who knows what new found treasure you may go home with!

As we have done in the past if you would like to donate a prize please let us know.

## Useful Links & Required Stuff

EK Event Listing: <https://www.eastkingdom.org/EventListing.php>

Crown Barony of the Bridge: <http://www.baronyofthebridge.eastkingdom.org/> (under construction)

EK Order of precedence (Awards page): <https://op.eastkingdom.org/op.php>

PLEASE NOTE: if you have been awarded any honors please check and make sure they are listed. If you find any errors or omissions contact [shepherds.crook@eastkingdom.org](mailto:shepherds.crook@eastkingdom.org):

SCA: SCA.ORG

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The Prague astronomical clock, or Prague orloj (Czech: Pražský orloj [praʃski: orloj]), is a medieval astronomical clock located in Prague, the capital of the Czech Republic.

The clock was first installed in 1410, making it the third -oldest astronomical clock in the world and the oldest one still operating.  
(Wikipedia)

